

THINGS WE ARE:

A safe place to share
A place of belonging
A place to care for others and to be cared for
A place where respect is given to each member
A place where confidentiality is highly respected
A place to grow and become strong again
A place where you can take off your mask
A place for healthy challenges and healthy risks
A possible turning point in your life
A place to learn
A refuge

THINGS WE ARE NOT:

A place for selfish control
A place for therapy
A place for secrets
A place to look for dating relationships
A place to rescue or be rescued by others
A place for perfection
A place to judge others
A quick fix

5 Guidelines for Open Share Groups

1. Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to 3-5 minutes.
2. There will be no cross talk. Cross talk is when 2 individuals engage in dialogue, excluding all others. Each person is free to express feelings without interruption.
3. We are here to support one another. We will not attempt to “fix” another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group!
5. Offensive language has no place in a Christ-centered group

8 Recovery Principles from the Beatitudes

Principle 1

Realize I'm not God; I admit that I am powerless to control my tendency to do the wrong thing and my life is unmanageable.

Happy are those who know they are spiritually poor.
(Matthew 5:3)

Principle 2

Earnestly believe that God exists, that I matter to him, and that he has the power to help me recover.

Happy are those who mourn, for they shall be comforted. (Matthew 5:4)

Principle 3

Consciously choose to commit all my life and will to Christ's care and control.

Happy are the meek. (Matthew 5:5)

Principle 4

Openly examine and confess my faults to God, to myself, and to someone I trust.

Happy are the pure in heart. (Matthew 5:8)

Principle 5

Voluntarily submit to every change God wants to make in my life and humbly ask him to remove my character defects.

Happy are those whose greatest desire is to do what God requires. (Matthew 5:6)

Principle 6

Evaluate all my relationships; offer forgiveness to those who have hurt me and make amends for harm I've done to others except when to do so would harm them or others.

Happy are the merciful. (Matthew 5:7)

Happy are the peacemakers. (Matthew 5:9)

Principle 7

Reserve a daily time with God for self examination, Bible readings and prayer in order to know God and his will for my life and to gain the power to follow his will.

Principle 8

Yield myself to God to be used to bring this good news to others, both by my example and by my words.

Happy are those who are persecuted because they do what God requires. (Matthew 5:10)

What is a **Hurt**? What is a **Habit**?

What is a **Hang-up**?

◆—————◆
*A hurt, a habit, or a hang-up is
anything that hinders your walk with
God.*

*Would you like to be come free from
your hurts, habits, and hang-ups
such as: anger, eating disorders,
depression, financial struggles,
pornography, a broken marriage,
alcohol, stress, grief,
emotional/physical abuse, sex,
prescription drugs, low self-esteem,
codependency, and other personal
struggles.*

*Come as you are -
we love you that way.*

Who you see here...
What you hear here...
When you leave here...
Stays Here

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What is Celebrate Recovery?

The Bible clearly states "all have sinned." It is my nature to sin, and it is yours too. None of us is untainted. Because of sin, we've all hurt ourselves, we've all hurt other people, and others have hurt us. This means each of us needs repentance and recovery in order to live our lives the way God intended.

What we need is a biblical and balanced program to help people overcome their hurts, habits and hang-ups. Celebrate Recovery is that program. Based on the words of Jesus, this recovery program is unique, and extremely effective in helping people change. Over the years we've witnessed how the Holy Spirit has used this program to transform lives and help people grow toward full Christ-like maturity.

The purpose of **CELEBRATE RECOVERY** is to celebrate God's healing power in our lives through 8 recovery principles found in the Beatitudes. By working and applying these principles, we begin to grow spiritually and become willing to accept God's grace in solving our problems. Change takes place as we share our experiences, hopes and strengths with each other. We gain freedom from our addictive, compulsive and dysfunctional behaviors. This freedom creates peace, joy, serenity and most importantly, a stronger personal relationship with God and others.

Do you want someone in your life
you can talk to and know you
won't be judged?

**CHRIST = Changing
Habits
Resulting
In
Spiritual
Triumph**

Are you hurting? Do you continue
to make poor decisions, repeat bad
behavior, hoping for a better result
this time? Are you stuck in a
relationship that leaves you broke,
broken, and alone?

**A Powerful, Positive, and
Safe Place to Break Free from
Life's Hurts, Hang-Ups, and
Habits**

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Every Tuesday Night

Big Group 6:00 pm

Small Groups 7:00 pm

(gender specific)

Cafe Surrender 8:00 pm

Nursery Available